

28th Annual Scientific Meeting in Internal Medicine on Geriatrics December 13 – 14, 2017

Day 1 Wednesday

07:00	Registration	
Opening Ceremony		
07:45-07:50	Recitation of Holy Quran	
07:50-07:55	Welcome Address	Dr. Waleed Albaker Chairman, Organizing Committee & Chairman, Department of Internal Medicine
07:55- 08:00	Message	H.E. Dr. Abdullah M. Al Rubaish President Imam Abdulrahman Bin Faisal University

Session One Age friendly healthcare		
Chairpersons: Prof Tawfik A M Khoja & Dr. Waleed Albaker		
08:00-08:20	Road map for Geriatric medicine in Saudi Arabia	Prof. Hashim Balubaid
08:20-08:45	Frequent fallers or Falls in PD	Dr. Nabil Aly , UK
08:45-09:05	The need for Geriatric medicine in GCC countries	Prof Tawfik A M Khoja
09:05-09:25	DM: safe practice in elderly	Dr. Waleed Albaker
09:25-09:45	Saudi elders-prevalence of health related disorders	Prof. Abdullah Khojah
09:45-09:55	Panel Discussion	
09:55-10:00	Coffee Break & Opening of Exhibition	

Session Two Mental Health & Primary Care		
Chairpersons: Prof. Hashim Balubaid & Dr. Nabil Aly		
10:05-10:30	The role of memory clinics in Geriatric Medicine	Dr. Michael Reardon (Ireland)
10:30-10:50	Geriatric Cardiology Update 2017	Prof. M. Fakhry
10:50-11:10	Dementia... Action plan experience in Kuwait	Dr. Ibtisam Al Huwaidi
11:10-11:30	Primary health care for elderly, Saudi prospective	Dr. Maysoon Al Amoudi
11:30-11:50	Ethical Issues and Advanced Directives	Dr. Tareq Bonohiyah
11:50-12:00	Discussion	
12:00-12:50	Prayer and Lunch Break	

Session Three
Outside hospital management

Chairpersons: Prof. Hala Sweed & Dr. Michael Reardon

12:50-01:10	Home healthcare current situation and future direction	Dr. Aisha Al-Saghier
01:10-01:30	Knowledge management for bridging gaps in Geriatrics	Dr. Ahmed Shawky
01:30-01:50	Home healthcare services for geriatric patients	Dr. Salem Al-Dahi
01:50-02:10	Multidisciplinary team approach in Geriatrics	Dr. Shaher Al Shehry
02:15-02:35	Ageing in UAE and the services available	Dr. Salwa Al Suwaidi
02:35-02:45	Panel Discussion	

Day 2 Thursday

Session Four Metabolic Disorders		
Chairpersons: Prof. Sara Hamza & Dr. Sultan Al Amri		
08:00-08:20	Vitamin D dilemmas in elderly	Prof. Abdulmohsen Al Elq
08:20-08:40	Frailty and Deconditioning syndrome	Dr. Khaled Al Mulla
08:40-09:05	Active healthy ageing, a world prospective	Prof. Michel Jean-Pierre
09:05-09:25	Updates on osteoporosis care	Prof. Sadat A. Ali
09:25-09:45	Orthogeriatrics	Prof. Hala Sweed
09:45-09:55	Discussion	
09:55-10:05	Coffee Break	

Session Five Miscellaneous		
Chairpersons: Prof. Michel Jean-Pierre & Prof. Abdulmohsen Al Elq		
10:05-10:25	Preventive Geriatrics	Prof. Sara Hamza
10:25-10:45	Beer criteria & safe prescribing in elderly	Dr. Abdelsalam Asiri/ Dr. Salma Ansassy
10:45-11:05	Care of hospitalized elderly	Dr. Mohammad Amrousy
11:05-11:25	Delirium care at home, OPD & inpatient	Dr. Mohammed Basheikh
11:25-11:35	Panel Discussion	
11:35-12:00	Closing Remarks	

Workshop: Geriatrics at a glance (3 rooms rotation) American geriatrics society – Geriatric evaluation and management tools (GEM Tools)			
1:00 - 04:35	Room 1	- Stroke medicine (15 mins) - Hypertension in elderly (15 mins)	Dr. Aisha Al Bakr Dr. Anfal al-Barak
	Room 2	- Dementia (15 mins) - Depression & Delirium (15 mins) - End of life care (15 mins)	Dr. Mohammad Amrousy
	Room 3	- Multimorbidities & prognostics (15 mins) - Malnutrition, Sarcopenia & Frailty (15 mins) - Pressure ulcers and chronic wound care (15 mins)	Dr. A Shawky